



## MKS Employee Assistance Program

Effective 7/1/18, MKS is available to help you and members of your household with a wide range of personal, family, and workplace concerns. The range of services available includes telephone consultation, face-to-face consultation sessions, Legal or Financial specialists, Work/Life specialists, and our EAP web site.

**You can access our services by calling: 888-657-7373**

**Here are some things you should know about our services:**

- Available, **at no cost**, to employees and their household members
- **Live** Masters level consultants can be accessed **24/7** by calling our toll free number
- Contact with the EAP is **confidential**
- Up to **3 sessions** per issue with an EAP professional
- People call the EAP with a wide range of concerns such as:

Stress Management  
Substance Abuse  
Legal/Financial Issues  
Child Care  
Health & Wellness

Anxiety or Depression  
Marital/Relationship Issues  
Family/Parenting Issues  
Elder Care  
Workplace Issues

**All of our Information and Resources can also be accessed on our web site [www.mksp performancesolutions.com](http://www.mksp performancesolutions.com) using your **Company Code: CCSNH****

**Legal Consultation:** You and members of your household are eligible to consult with an attorney for 30 minutes (per issue) either face-to-face or over the phone at no charge. If you choose to utilize the attorney's services beyond the 30 minutes, you will receive a 25% discount off the fees. Consultation may include issues such as civil/consumer, personal/family, real estate, IRS and criminal matters.

**Financial Consultation:** Financial consultants are available for 30 minute telephone sessions (per issue) which can be scheduled at your convenience. Consultation may include credit and debt management, tax planning, mortgages, college funding and retirement planning.

**Work/Life Consultation:** Work/Life specialists are available to help you locate information, resources, and referrals related to childcare, elder care, college planning, and adoption. They can also help locate resources for other daily living needs such as pets, automotive, or household services.

**Web Based Services:** The EAP web site contains an abundance of work/life resources including articles, tip sheets, web links, on-line training courses, wellness self-assessments, financial calculators, and a legal library.