

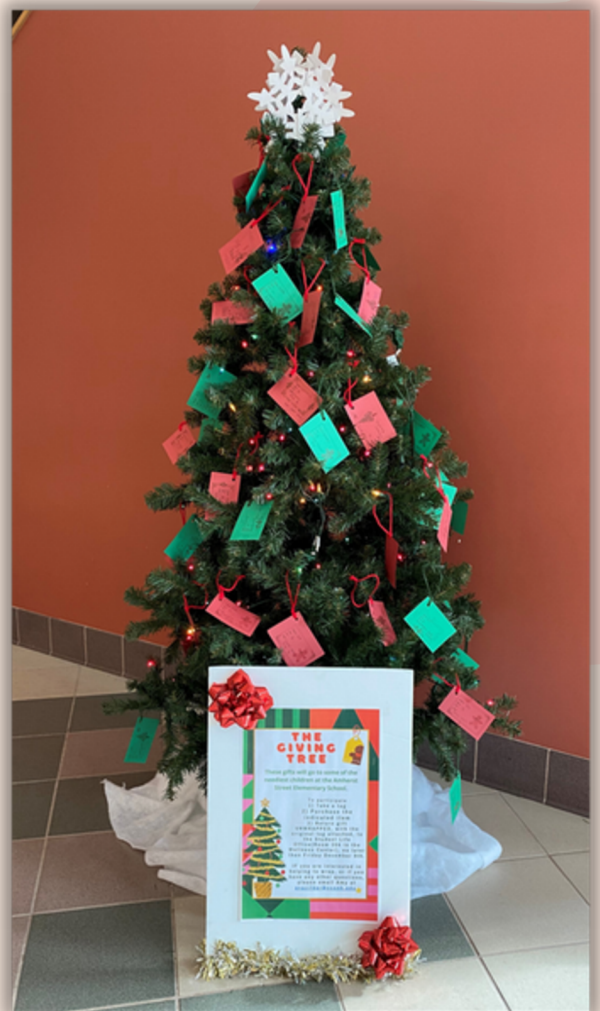


-Week of December 8-12, 2025

Student Life Newsletter

All student activities are open to all NCC Students











The Giving Tree still has some tags to take! If you take a tag, please bring the unwrapped gift with the tag to the Student Life Office (Room 204 in the Wellness Center) by 12/8/25



STUDENT ACTIVITY CALENDAR!

FINALS WEEK: DEC 8-12

NCC Weekly Student Activity Calendar

Monday Dec 8	Tuesday Dec 9	Wednesday Dec 10	Thursday Dec 11	Friday Dec 12
<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>4pm-7pm Intramural Sports Club</p>  <p>Gym</p>	<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>Noon: Campus Christian Fellowship</p>  <p>NCC Cafeteria</p>	<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>4pm: Campus Christian Fellowship</p>  <p>Atrium</p>	<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>Noon: GSA Club Library Conference Room</p>  <p>3pm-5pm Intramural Sports Club</p>  <p>Gym</p>	<p>HAPPY END OF FALL SEMESTER!!</p> <p>HAVE A WONDERFUL AND HEALTHY WINTER BREAK!!!</p> <p>We'll see you all in Spring 2026! Classes begin on January 20, 2026</p>  <p>Fitness Center Hours: M-Th: 9a-5:30pm Friday: 9a-4pm</p> <p>Winter Break Hours: M-F: 10am-4pm</p> 

Fall 2025-All Student activities are open to ALL NCC Students!

YOU DID IT! HAVE A WONDERFUL, RESTFUL, AND HEALTHY WINTER BREAK! WE'LL SEE YOU IN THE SPRING SEMESTER, WHEN CLASSES BEGIN ON JANUARY 20TH!





**Don't let
this
happen
to you
during
finals
week!**

NCC Cafe:

**Monday-Wednesday at 8am and
4pm**

Thursday at 8am

FREE COFFEE AND SNACKS

Sponsored by the Student Senate



FREE THERAPY



BetterMynd @



NASHUA
COMMUNITY COLLEGE



**Try it Out.
Talk it Out.**

**Nashua Community
College students get 3
FREE 50-minute
teletherapy sessions**



**MENTAL HEALTH
IS HEALTH**

**Something on your mind?
Teletherapy can help.**

Why do students (like you) go to therapy?

- ✓ Feeling consistently low or sad
- ✓ Persistent anxiety
- ✓ Handling a breakup
- ✓ Loss of a loved one
- ✓ Past or current experiences of trauma or abuse
- ✓ Academic pressures and performance
- ✓ Housing or roommate tension
- ✓ Challenges with family members or at home
- ✓ Balancing childcare / care for family members
- ✓ Experiencing discrimination related to your race, weight, religion, immigration status, gender, sexual orientation, or disability (not comprehensive)



Scan me to register

Learn more and register at www.bettermynd.com

ANNUAL HOLIDAY GIVING TREE

These gifts will go to some of the neediest children at the Amherst Street Elementary School.

To participate

- 1) Take a tag
- 2) Purchase the indicated item
- 3) Return gift UNWRAPPED, with the original tag attached, to the Student Life Office*(Room 204 in the Wellness Center), no later than Monday December 8th.

*After hours deliveries can go to Campus Safety-Streeter 124.

DELIVER TO
STUDENT LIFE
BY 12/8/25

TREE
LOCATED
INSIDE
LIBRARY



QUESTIONS?
WANT TO HELP WRAP GIFTS?
SCAN QR CODE OR CALL AMY AT
603.578.8934



What better way to celebrate
the end of Fall term?

COZY UP WITH A BOOK OVER BREAK

COME BY THE LIBRARY-
NO WAITING LIST ON NEW TITLES!



NASHUA
COMMUNITY COLLEGE

JAN 12
5-7 PM

OPEN HOUSE



- ✓ CAMPUS TOURS
- ✓ STUDENT & PROFESSOR Q&A
- ✓ DEGREES & CERTIFICATES
- ✓ CAREER TRAINING PROGRAMS
- ✓ ESOL - IMPROVE YOUR ENGLISH
- ✓ EARLY COLLEGE | AGES 15+
- ✓ FINANCIAL AID INFO SESSION 4-5PM

SCAN & RSVP



FOR FASTER CHECK-IN

WALK-INS WELCOME | FREE REFRESHMENTS

Wish List

As a brand-new classroom, we are looking to build up our supply of new or **gently used** toys and materials. See below for a list of ideas!

If you have anything to share, or any questions, email Meagan, our Family Worker, at mgalvin@caphr.org

Toys and Games

- Stuffed animals
- Doctor kits
- Dress up clothes
- Baby doll clothes (or very small baby clothing)
- Kids sports equipment
- Gardening toys
- **ANY** pretend play items
- Tea set (nothing breakable please!)
- Cash register and play money
- Pony beads or other large beads
- Bugs
- Colorful dry erase markers

Supplies

- Extra clothing, especially sizes 4t through 6
- Paper towels
- Cloth towels
- Small vacuum cleaner
- Hand sanitizer
- Tissues
- Pull-ups, especially boys 5T-6T
- Printer paper
- Cardstock
- Baskets or containers
- Ziplock bags
- Contact paper
- Puzzle holder (for wooden style puzzles)
- Sticky velcro dots
- AA and AAA batteries

We are unable to accept food donations for the classroom.
If you have any ideas not on this list, let us know

Aroma Joe's®

School ID 10% Discount (Faculty & Students) All Day Mon-Sun

***20% with AJ's App (Expires 11-15-25)**

***Only at 495 Amherst Street Nashua NH Location**

- 10% Off Entire order
- Must Show Valid School ID to get the discount
- One discount per order/check
- Not Valid with any other offers
- 10% Promotion Expires December 31st, 2025



Food Pantry Locations for SNAP Recipients

Due to the federal government shutdown, funding for SNAP benefits will not be available in November.

Mobile food pantries and food box pickups are available.

EBT cards can still be used to access benefits issued in previous months.

Visit dhhs.nh.gov for more information, or scan the QR code below.



Department of
**HEALTH &
HUMAN SERVICES**



SNAP Relief Boxes

If you receive federal SNAP benefits:

You are eligible for a SNAP Relief Box at NSKS while the government shutdown continues.



Tuesdays:

11 AM-3 PM



Pick-up location:

2 Quincy Street

Boxes contain:

Non-perishable food items + fruit



**Nashua Soup Kitchen
& Shelter, Inc.**



Must have valid photo ID + EBT Card