

# NCC Student Newsletter

## March 9th-13th

March is here, time to grow through what you go through.

### NCC Student Activity Calendar: Spring 2026 Week 8

Monday March 9	Tuesday March 10	Wednesday Mar 11	Thursday March 12	Friday March 13
<p><b>Music Club</b>                        12-1pm; Auditorium</p> <p><b>PTK (Phi Theta Kappa)</b>                        12-1pm; G182</p> <p><b>Study Skills Boost Sessions w/ Rachel Olson – Every Mon/Wed</b>                        1:30-2:30pm; Library</p> <p><b>Music Club</b>                        3-5pm; Auditorium</p>	<p><b>Student Senate Meeting</b>                        12-1pm; Streeter Hall 150</p> <p>March 10, 2026 is <i>National Napping Day!</i>                        Perfect to help catch up on sleep after the time change! (Just don't nap during class)</p> <p><b>Intramural Sports Club</b>                        Gymnasium; 5-7pm</p>	<p><b>Therapy Dog Ernie is Back!</b>                        12-1pm; Atrium</p> <p><b>Music Club</b>                        12-1pm; Auditorium</p> <p><b>Study Skills Boost Sessions w/ Rachel Olson – Every Mon/Wed</b>                        1:30-2:30pm; Library</p> <p><b>Music Club</b>                        3-5pm; Auditorium</p>	<p><b>IEEE Club</b>                        12-1pm; Room 150</p> <p><b>GSA</b>                        12-1pm; G180</p> <p><b>Nerd Club</b>                        12-1pm; Library</p> <p><b>Campus Christian Fellowship</b>                        12-1pm; Cafe Fireplace</p> <p><b>True Trime Club</b>                        12-1pm; Library 133</p> <p><b>Yoga with Maria</b>                        4:00pm; Auditorium</p> <p><b>FREE PIZZA NIGHT!</b>                        5pm; Cafe</p> <p><b>Intramural Sports Club</b>                        Gymnasium; 5-7pm</p>	<p><b>Week 8</b> <input checked="" type="checkbox"/>                      Wooooaaahhhh  <b>HALFWAY THERE!</b>  <b>BON JOVI</b>    <b>Livin' On A Prayer</b></p> <p><b>Wishing everyone a happy, healthy, and well-deserved SPRING BREAK!!!</b></p> <p><b>Spring Break 2026 Fitness Center Hours</b>                        Mon-Fri 10a-4p</p>

Student Activities for March 9<sup>th</sup>- 13<sup>th</sup> 2026- **All Student activities are open to ALL NCC Students!**



# SPRING '26 THERAPY DOG VISITS!

Jan 28<sup>th</sup> - Jolene

Feb 1<sup>th</sup> - Ernie

Feb 24<sup>th</sup> - Sophie

Mar 1<sup>th</sup> - Ernie

Mar 25 - Jolene

Apr 7<sup>th</sup> - Sophie

Apr 22<sup>nd</sup> - Ernie

# Windows Magazine Submissions are Open

email your work to  
[cjoyner@ccsnh.edu](mailto:cjoyner@ccsnh.edu)  
by March 26th, 2026

## Limits and Guidelines:

- one short story or essay  
up to 1,500 words, .doc or .docx files only
- two poems
- two pieces of visual art  
.png or other high-resolution format preferred
- no AI-generated work



# In-Person Tutoring has begun! See the Spring 2026 Tutoring schedule below, or scan the QR code to view schedule on the NCC Library Website

## Spring 2026 LIBRARY TUTORING SCHEDULE JAN. 26 - MAY 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Current schedule also on the library website:   <b>**NEW**</b> SkillBoost StudySkillsfor Math&Science ----- RachelOlson Mon. &Wed. 1:30 - 2:30pm
MATH Rachel Olson 9 - 11am	WRITING Rebecca Robinson 10am - 12pm	MATH Rachel Olson 9 - 11am	MATH Bob Monteleone 9 - 11am		
MATH Rachel Olson 12 - 1pm	WRITING Brian Demboski 12 - 2pm	WRITING Debra Swanson 12 - 2pm	WRITING Rebecca Robinson 10am - 12pm		
WRITING Brian Demboski 12 - 2pm	WRITING Carole Davis 3 - 5pm	MATH Rachel Olson 12 - 1pm	MATH Bob Monteleone 12 - 2pm		
MATH Glenn Johnson 1:30 - 3:30pm		MATH Gavitt Kerkel 2 - 4pm	WRITING Carole Davis 3 - 5pm		
Need help outside of these hours? We also offer online tutoring! 		Go to any Canvas course and click on "24/7 Tutoring"	Biology and Chemistry Debra Costa-Nino Tuesdays 4:30 - 5:30pm Wednesdays 11am - 12:30pm Thursdays 3 - 5:30pm Gregg Hall Room 283A		

**No appointment needed!**

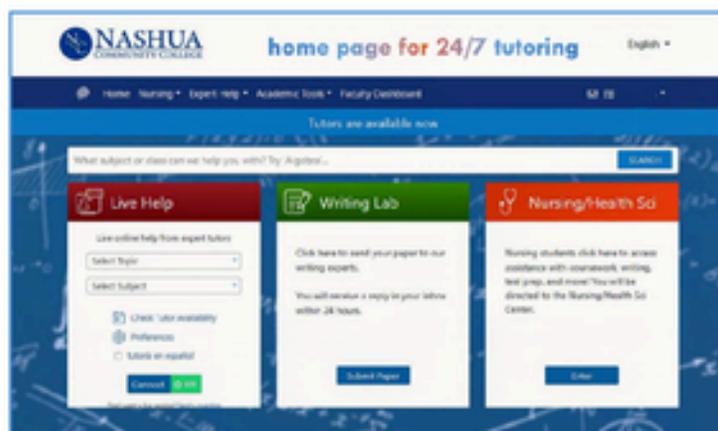
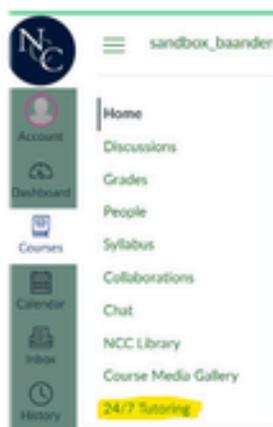
**Library Hours:**  
**Mon-Thu 8:00am-6:00pm**  
**Friday 8:30am-4:30pm**

## TUTORING OPTIONS FOR STUDENTS:

- Online 24/7 Tutoring/Brainfuse for most subjects including a dedicated area for Nursing/Health Sciences
- In-person tutoring in the library for Math and Writing
- E-Writing Corner - submit any writing assignment online to **NCC tutors** for valuable feedback, with the aim to improve skills and grades

### To access online 24/7 tutoring/Brainfuse:

1. Log into Canvas and choose the course for which you need tutoring
2. Inside the course you'll see the 24/7 Tutoring link on the left nav menu as shown
3. Click "24/7 Tutoring" to the launch page seen below (Brainfuse is the company)



For tutoring in Spanish (for many subjects), you can check the "tutoria en Espanol" box, above the Connect button in the Live Help box.

**In-person tutoring** for Math and Writing is also available in the library. Here's the link to the schedule : <https://library.nashuacc.edu/home/tutoring>

**E-Writing Corner** - here's all the details:

<https://library.nashuacc.edu/home/ewritingcorner>

**Both the Writing Tutoring and the E-Writing corner are not just for English comp-it's for ANY writing assignment, whether it be a paper, a cover letter, lab report, scholarship app, or case study, to name just a few. Also helpful to help understand the assignment, organize your thoughts and get started.**

**EVERY MONDAY  
AND WEDNESDAY  
IN THE LIBRARY:**

Skills Boost session:  
Brush up on your  
**time management** and  
**learning strategies**

1:30 - 2:30

with Rachel Olson  
**Stop in to learn *how to study***  
***efficiently and effectively***

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# Confident Online

## Digital Skills for Everyday Living



**UNITED WAY**

Greater Nashua

[unitedwaynashua.org](http://unitedwaynashua.org)

### About this Series of Workshops

sponsored by:  COMCAST |  PROJECT UP

**Confident Online is a series of free digital literacy workshops designed for older adults and others who want to use technology more safely and confidently in everyday life.**

#### February 24 – Avoiding Scams

Learn how to recognize common online and phone scams, protect your personal information, and how to get help if you think you've been targeted.

#### March 24 – Online Entertainment Platforms: Do's, Don'ts, and How to Reduce Your Cost

Explore popular streaming and entertainment platforms, learn smart usage tips, and discover ways to avoid hidden fees and lower monthly costs.

#### April 28 – Digital Money Management

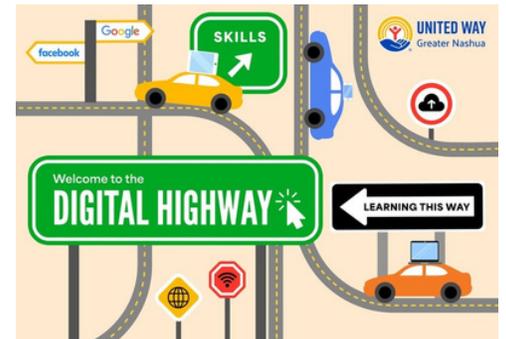
Get an introduction to safely managing money online, including banking, bill pay, budgeting tools, and protecting your financial information.

#### May 26 – Setting Up Accounts: Email, Social Media, Apps, and More

Learn how to create and manage online accounts, choose strong passwords, and adjust basic privacy and security settings.

#### June 23 – Organizing Emails, Files, Photos, and Documents

Learn simple strategies to organize your inbox and digital files so you can find what you need quickly and reduce digital clutter.



#### When:

2pm to 3:30pm on the Fourth Tuesday of Each Month

#### Where:

YMCA of Greater Nashua  
24 Stadium Drive  
Nashua, NH

#### Questions?

Contact us at  
[info@unitedwaynashua.org](mailto:info@unitedwaynashua.org)  
or (603) 882-4011

<https://unitedwaynashua.org/digital-literacy/>



# Confianza en línea

Habilidades digitales para la vida cotidiana



UNITED WAY

Greater Nashua

[unitedwaynashua.org](http://unitedwaynashua.org)

## Acerca de esta serie de talleres

Confident Online es una serie de talleres gratuitos de alfabetización digital diseñados para adultos mayores y otras personas que desean utilizar la tecnología de forma más segura y confiada en la vida cotidiana.

### 24 de febrero – Cómo evitar las estafas

Aprenda a reconocer estafas telefónicas y en línea comunes, a proteger su información personal y a obtener ayuda si cree que ha sido víctima de una estafa.

### 24 de marzo – Plataformas de entretenimiento en línea: qué hacer, qué no hacer y cómo reducir sus costos

Explore plataformas populares de transmisión y entretenimiento, aprenda consejos de uso inteligente y descubra formas de evitar cargos ocultos y reducir los costos mensuales.

### 28 de abril – Gestión del dinero digital

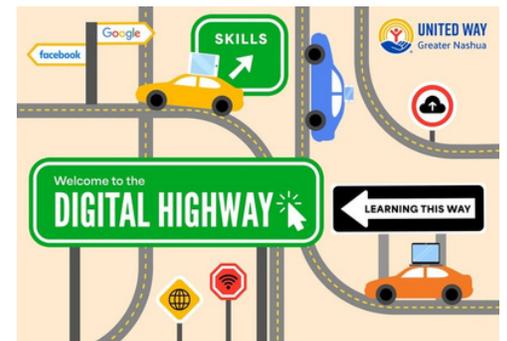
Obtenga una introducción sobre cómo administrar dinero de manera segura en línea, lo que incluye operaciones bancarias, pago de facturas, herramientas de presupuesto y protección de su información financiera.

### 26 de mayo – Configuración de cuentas: correo electrónico, redes sociales, aplicaciones y más

Aprenda a crear y administrar cuentas en línea, elegir contraseñas seguras y ajustar configuraciones básicas de privacidad y seguridad.

### 23 de junio – Organización de correos electrónicos, archivos, fotos y documentos

Aprenda estrategias sencillas para organizar su bandeja de entrada y sus archivos digitales para que pueda encontrar lo que necesita rápidamente y reducir el desorden digital.



### Cuando:

De 2:00 p. m. a 3:30 p. m. el cuarto martes de cada mes

### Dónde:

YMCA del Gran Nashua  
24 Stadium Drive,  
Nashua, NH

### ¿Preguntas?

Contáctenos en  
[info@unitedwaynashua.org](mailto:info@unitedwaynashua.org)  
o (603) 882-4011



## **NCC Campus Safety: Parking Reminder for Day & Night Students**

As our campus continues to stay busy from early morning classes through evening sessions, we want to share a friendly but important reminder for all **day and night students**:

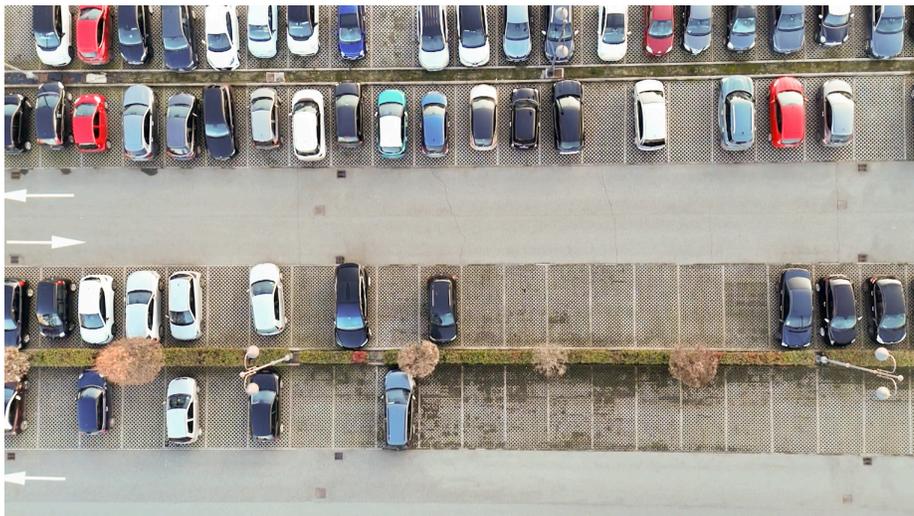
**Please avoid parking in the President's designated parking spot.**

The President's space is clearly marked and reserved at all times. This spot must remain available to ensure smooth daily operations, scheduled meetings, and official campus responsibilities. Even if the space appears open—***especially during evening hours***—it is still reserved.

We understand that parking can sometimes be limited, particularly during peak class times. However, parking in reserved spaces can create unnecessary inconvenience and may result in notices or further action. Your cooperation helps maintain an organized and respectful campus environment for everyone.

If you are unsure where you are permitted to park, please refer to campus signage or contact Campus Safety for clarification. We are happy to help guide you to appropriate parking areas.

Thank you for your attention to this matter and for doing your part to support a smooth campus experience for all members of our community.



# Upcoming College Recruiter Visits:

## At Café 505:

UNH Durham: 9am-2:30pm on March 12

Rivier University: 11am-1pm March 23, April 20

UNH Manchester: 11am-1pm March 26, April 23

University of RI: 11am-2pm on March 27

UMass Lowell: 10am-1pm on April 8

Fitchburg State University: 11am-1pm on April  
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## At the NCC Library:

*UNH Manchester: 9am-2:30pm on March 11  
and April 15*





## **International Café Spring 2026**

**A place to practice English, make friends, from other countries and cultures, and enjoy refreshments!**

**Free!**

**When: Fridays, 7:00 pm– 8:30 pm**

**February 13<sup>th</sup>, March 6<sup>th</sup>, & April 17<sup>th</sup>**

**Where: NCC, Streeter Hall, Room 106**



**For more info, contact Prof. Berry:**

**[eberry@ccsnh.edu](mailto:eberry@ccsnh.edu) or 603.578.6912.**

**Stop by the Dept. of Multicultural Engagement in room 119**

**All ages 17+ are invited to attend—Adults friends/family members are also welcome!**

# NCC'S STUDENT ASSISTANCE PROGRAM



**Try it Out.  
Talk it Out.**

**Nashua Community  
College students get 3  
FREE 50-minute  
teletherapy sessions**

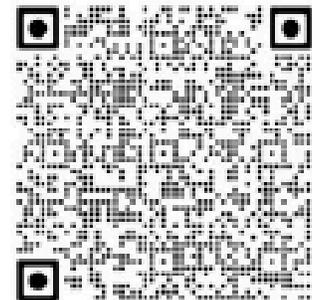


**MENTAL HEALTH  
IS HEALTH**

**Something on your mind?  
Teletherapy can help.**

## Why do students (like you) go to therapy?

- ✓ Feeling consistently low or sad
- ✓ Persistent anxiety
- ✓ Handling a breakup
- ✓ Loss of a loved one
- ✓ Past or current experiences of trauma or abuse
- ✓ Academic pressures and performance
- ✓ Housing or roommate tension
- ✓ Challenges with family members or at home
- ✓ Balancing childcare / care for family members
- ✓ Experiencing discrimination related to your race, weight, religion, immigration status, gender, sexual orientation, or disability (not comprehensive)



Scan me to register

Learn more and register at [www.bettermynd.com](http://www.bettermynd.com)

# NEW! Knitting/Crocheting/Needlework group



[Rainbow Yarn](https://creativecommons.org/licenses/by-sa/4.0/) by Lusi Lindwurm, CC BY-SA 4.0 <<https://creativecommons.org/licenses/by-sa/4.0/>>, via Wikim

We're starting a group for people who like to make things with yarn and thread. Is this you? Do you wish you could share what you know and learn from others in a no pressure setting? Come try this new group!

To meet every Wednesday at 3 PM in the library conference room.

## Starting February 25<sup>th</sup>



Junior Actorsingers presents

# Goosebumps<sup>®</sup>

THE MUSICAL

## PHANTOM OF THE AUDITORIUM

March 27 - 29, 2026

Music & Lyrics by Danny Abosch

Book & Lyrics by John Maclay

Adapted from Goosebumps: Phantom of the Auditorium by R. L. Stine



[Scan to purchase tickets](#)

Director  
Vanessa Carlson

Music Director  
Jonah Rivers

Choreographer  
Fiona Wanser

Goosebumps is presented through special arrangement with Scholastic  
Entertainment Inc.

Star Island  
Isles of Shoals, NH



# JOIN OUR TEAM!

**Live on an island for the summer!**

*Working on Star Island will be an unforgettable summer job. Gain valuable experience, new skills, make friends, and create lasting memories. **It's a summer you'll remember forever!***



**LEARN MORE AND  
APPLY HERE:**





Show your NCC ID to receive your Discount Card

NashuaCommunityCollegeDiscountCard

10% → 15% → 20% Off Purchase

Valid Only @ 495 Amherst St Nashua NH

\*Must have Aroma Joe's App to qualify for the promotion

Expires 3-31-2026

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### Promotion Details

\*Additional Charges May Apply for Taxes and Extras.

May Not be Combined with Any Other Offer.

Must Present Card at Time of Purchase.

May Not be Transferred, Sold, Modified or Copied.

No Cash Value. 2026AJ IP Holder LLC.

Aroma Joe's is a registered trademark of AJ IP Holder LLC.

\*Once the NCC Frequency Card is full return it for a

**Free Drink up to 24oz. & receive a new NCC  
Frequency Card before the expiration date.**

# ST. JOSEPH MOBILE HEALTH CLINIC

Serving the Community | No Appointment Needed | Everyone is Cared For Here

Day	Time	Location	Address
Monday	9:30 am - 12:30 pm	H.E.A.R.T.S.	5 Pine St Ext #1g in Nashua
<i>First &amp; Third Monday of the month 4 pm-6 pm at the Grey Nuns Thrift Shop on Main St.</i>			
Tuesday	6:00 pm - 8:00 pm	Elm St. Middle School warming station	117 Elm St. in Nashua
Wednesday	7:15 am - 10:00 am	The Day Café	220 Main St. in Nashua
Wednesday	10:45 am - 1:00 pm	Nashua Adult Learning Center	4 Lake St. in Nashua
Thursday	11:30 am - 2:30 pm	Tolles St. Mission	52 Whitney St. in Nashua

- Wellness check-ups
- Wound care
- Sick visits
- HIV/Hepatitis testing & vaccination
- Pregnancy testing
- Flu/Covid/Strep/Blood Sugar Testing
- STI testing/HPV vaccination
- Blood pressure screenings
- and more!



Scan here to see our other locations.

# Pop-Up Pantry Stands

11am - 12pm

United Way of Greater Nashua

[www.unitedwaynashua.org](http://www.unitedwaynashua.org)

[info@unitedwaynashua.org](mailto:info@unitedwaynashua.org) | (603)882-4011

## **Mondays**

Harbor Care  
45 High Street

## **Tuesdays**

Girls Inc  
27 Burke Street

## **Wednesdays**

Arlington Street Community Center  
36 Arlington Street

## **Thursdays**

Nashua Community Music School  
2 Lock Street.

## **Fridays**

Crossway Christian Church  
33 Pine Street

## **Lunes**

Harbor Care  
45 High Street

## **Martes**

Girls Inc  
27 Burke Street

## **Miércoles**

Arlington Street Community Center  
(Centro Comunitario de la Calle Arlington)  
36 Arlington Street

## **Jueves**

Nashua Community Music School  
2 Lock Street

## **Viernes**

Iglesia Cristiana Crossway  
33 Pine Street

**Cold  
Weather  
Locations!**

**¡Ubicaciones  
de  
clima frío!**

For information about cancellations, please contact us at [info@unitedwaynashua.org](mailto:info@unitedwaynashua.org) or (603)882-4011. Cancellations will also be listed on the United Way of Greater Nashua Facebook page.

Para obtener información sobre cancelaciones, contáctenos por correo electrónico a [info@unitedwaynashua.org](mailto:info@unitedwaynashua.org) o llámenos al (603) 882-4011. Las cancelaciones también serán compartidas en la página de Facebook de United Way of Greater Nashua.

The St Joseph Hospital  
Mobile Health Clinic  
provides non-urgent, walk-  
in care, including vaccines  
and point of care testing.  
Scan the QR code to see  
where we are scheduled  
throughout the  
community.

 **ST. JOSEPH  
HOSPITAL**  
A Member of Covenant Health



\*\*\* November 3 - April 17 \*\*\*



**UNITED WAY**  
Greater Nashua

#LiveUnited #UnitedIsTheWay

# Head Start at Nashua Community College

## Wish List

As a brand-new classroom, we are looking to build up our supply of new or **gently used** toys and materials. See below for a list of ideas!

If you have anything to share, or any questions, email Meagan, our Family Worker, at [mgalvin@caphr.org](mailto:mgalvin@caphr.org)

### Toys and Games

- Stuffed animals
- Doctor kits
- Dress up clothes
- Baby doll clothes (or very small baby clothing)
- Kids sports equipment
- Gardening toys
- **ANY** pretend play items
- Tea set (nothing breakable please!)
- Cash register and play money
- Pony beads or other large beads
- Bugs
- Colorful dry erase markers

### Supplies

- Extra clothing, especially sizes 4t through 6
- Paper towels
- Cloth towels
- Small vacuum cleaner
- Hand sanitizer
- Tissues
- Pull-ups, especially boys 5T-6T
- Printer paper
- Cardstock
- Baskets or containers
- Ziplock bags
- Contact paper
- Puzzle holder (for wooden style puzzles)
- Sticky velcro dots
- AA and AAA batteries

We are unable to accept food donations for the classroom.  
If you have any ideas not on this list, let us know