

Student Support & Resource Guide

College can feel overwhelming at times – especially early in the semester. Support is available, and reaching out early can make a big difference.

Academic Support: [Tutoring Support](#)

- Academic Advising – Course planning, academic concerns, and referrals
- Tutoring & Learning Support – Free help with coursework and study skills
- Faculty Office Hours – One-on-one support from your instructors

Financial Support: [Financial Aid](#)

- Financial Aid – FAFSA help, aid questions, and payment options

Wellness & Personal Support: [Teletherapy](#)

- Counseling Services – Confidential support for stress and personal concerns
- Health & Wellness Resources – Physical and mental well-being support

Technology Help: [24/7 IT Support](#)

- IT Help Desk – Assistance with email, learning platforms, and logins, laptop lending

Transportation, Food Access, or Childcare: [Basic Needs](#)

- Free bus transportation, emergency funding, food pantry

Not sure where to start? Contact your Academic Advisor and they will help connect you with the right support. <https://nashuacc.edu/student-experience/advising-center/>