

NCC Student Newsletter

April 20-24th

NCC Student Activity Calendar: Spring 2026 Week 14

| Monday April 20 | Tuesday April 21 | Wednesday April 22 | Thursday April 23 | Friday April 24 |
|--|---|--|--|--|
| <p>Music Club  12-1pm; Auditorium</p> <p>PTK (Phi Theta Kappa)  12-1pm; G186</p> <p>Campus Christian Fellowship  12-1pm; Cafe Fireplace</p> <p>Study Skills Boost Sessions w/ Rachel Olson  1:30-2:30pm; Library</p> <p>Music Club  3-5pm; Auditorium</p> <p>Windows Poetry Club  4-5pm; Library Conf. Rm</p> | <p>Student Senate Meeting  12-1pm; McIntyre Conference Room</p> <p>*Elections for next year are HERE! If you want to get more involved on campus, this is the perfect way to do so and have your student voice heard!*</p> <p>Therapy Dog Ernie!  12-1pm; Atrium</p> <p>Campus Christian Fellowship  3-4pm; Cafe Fireplace</p> <p>Intramural Sports Club  Gymnasium; 5-7pm</p> | <p>Music Club  12-1pm; Auditorium</p> <p>Study Skills Boost Sessions w/ Rachel Olson  1:30-2:30pm; Library</p> <p>Music Club  3-5pm; Auditorium</p> | <p>IEEE Club  12-1pm; Room 150</p> <p>GSA  12-1pm; G180</p> <p>Nerd Club  12-1pm; Streeter 261</p> <p>True Trime Club  12-1pm; Library 133</p> <p>Campus Christian Fellowship  12-1pm; Cafe Fireplace</p> <p>Yoga with Maria  4-5pm; Auditorium</p> <p>Intramural Sports Club  Gymnasium; 5-7pm</p> | <p>Week 14 <input checked="" type="checkbox"/></p>  You've got this! <p>Windows Literary Magazine  12-1pm; Streeter 251</p> <p>Spring 2026 Fitness Center Hours  Mon-Thu 9am-5pm Fri 10am-4pm</p> |

Student Activities for April 20th– April 24th, 2026 - All Student activities are open to ALL NCC Students!



Calling All Student Singers!

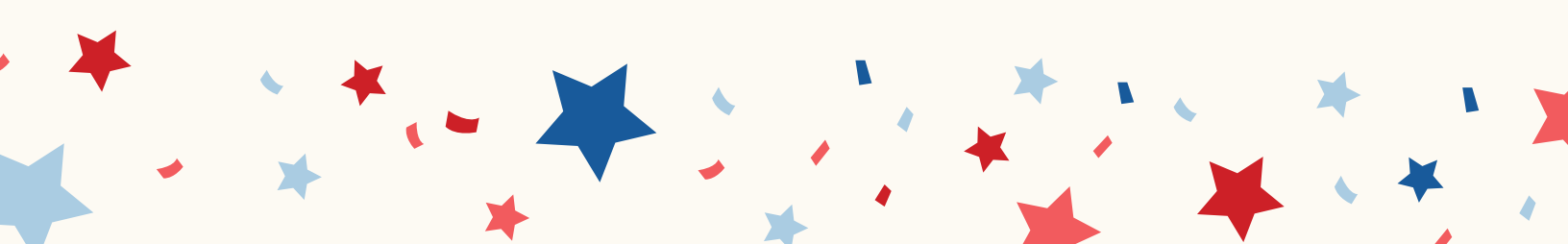
DO YOU LOVE TO SING? DREAMING OF PERFORMING IN FRONT OF A PROUD CROWD ON A SPECIAL DAY? HERE'S YOUR CHANCE TO SHINE!

NASHUA COMMUNITY COLLEGE IS LOOKING FOR A TALENTED STUDENT TO PERFORM THE NATIONAL ANTHEM AT GRADUATION 2026! THIS IS AN INCREDIBLE OPPORTUNITY TO SHOWCASE YOUR VOICE AND BE PART OF A MEMORABLE CELEBRATION.

INTERESTED? 

- EMAIL ALEX AT AWUNDERLICH@CCSNH.EDU
- OR STOP BY THE STUDENT LIFE OFFICE

DON'T MISS YOUR MOMENT TO TAKE THE STAGE AND MAKE GRADUATION UNFORGETTABLE!



Get ready for graduation!



Cap & Gown pick up

STUDENTS: starting April 13-
pick up your CAP & GOWN
in the library:

M-Th: 10-noon and 3-5

Friday: 10-noon and 2-4





SPRING '26 THERAPY DOG VISITS!

Apr 7th-Sophie Apr21st-Ernie Apr29-Nutella

All visits are at noon, in the ATRIUM

Spring '26 Tutoring in the library

By subject:

Math:

- Monday 9-11, noon -1, 1:30-3:30
- Wed: 9-11, noon-1, 2-4
- Thurs: 9-11, noon-2

Writing:

- Mon: noon-2
- Tues: 10-2, 3-5
- Wed: noon-2
- Thurs: 10-noon, 3-5

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|--|--|--|--|
| MATH Rachel 9 - 11am, noon - 1 | WRITING Rebecca 10am - noon | MATH Rachel 9 - 11am, noon - 1pm | MATH Bob 9 - 11am, noon - 2 |
| WRITING Brian noon - 2pm | WRITING Brian noon - 2pm | WRITING Debra noon - 2pm | WRITING Rebecca 10am - noon |
| MATH Glenn 1:30 - 3:30pm | WRITING Carole 3 - 5pm | MATH Gavitt 2 - 4pm | WRITING Carole 3 - 5pm |

**Math & Science SkillsBoost with Rachel:
Monday and Wednesday 1:30 - 2:30**

library.nashuacc.edu/home/tutoring

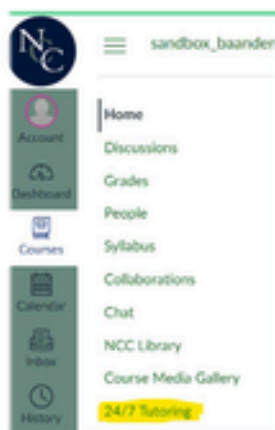


TUTORING OPTIONS FOR STUDENTS:

- Online 24/7 Tutoring/Brainfuse for most subjects including a dedicated area for Nursing/Health Sciences
- In-person tutoring in the library for Math and Writing
- E-Writing Corner - submit any writing assignment online to **NCC tutors** for valuable feedback, with the aim to improve skills and grades

To access online 24/7 tutoring/Brainfuse:

1. Log into Canvas and choose the course for which you need tutoring
2. Inside the course you'll see the 24/7 Tutoring link on the left nav menu as shown
3. Click "24/7 Tutoring" to the launch page seen below (Brainfuse is the company)



For tutoring in Spanish (for many subjects), you can check the "tutoria en Espanol" box, above the Connect button in the Live Help box.

In-person tutoring for Math and Writing is also available in the library. Here's the link to the schedule : <https://library.nashuacc.edu/home/tutoring>

E-Writing Corner - here's all the details:

<https://library.nashuacc.edu/home/ewritingcorner>

Both the Writing Tutoring and the E-Writing corner are not just for English comp-it's for ANY writing assignment, whether it be a paper, a cover letter, lab report, scholarship app, or case study, to name just a few. Also helpful to help understand the assignment, organize your thoughts and get started.

**EVERY MONDAY
AND WEDNESDAY
IN THE LIBRARY:**

Skills Boost session:
Brush up on your
time management and
learning strategies

1:30 - 2:30

with Rachel Olson
Stop in to learn *how to study*
efficiently and effectively



Building Bridges

Donation drive for
Sexual Assault Awareness Month

MARCH 30 – APRIL 20

Please consider donating household items (toiletries & hygiene products, cleaning supplies, bedding, baby products, snacks, etc.). You can also scan the QR code to donate via the Amazon Wishlist.

Your donation helps survivors have access to essential items during challenging times!



Amazon Wishlist



Bridges
Website



NCC Phi Theta Kappa & Honors Program is in conjunction with Bridges

"I share my story so other don't
have a story to share."
-GL Alumni

Granite Leaders



"Our voices can empower those
without a voice and give them
hope." -GL Alumni

**Applications
Due
May 4th!**

The Granite Leaders Program is designed for individuals who have lived experience of homelessness. During the five day training, you will:

- Build leadership skills
- Learn the legislative process and how to influence policy through advocacy
- Learn how to take on influential roles and use your voice on a board, council or coalition
- Build your network
- Refine written and oral communication skills
- Meet and learn from widely recognized leaders on the local and state level
- All participants are compensated \$300 at the completion of the training

May 18th, 20th, 26th, 27th

9:00am-12:30pm

Manchester Community Resource Center

May 19th

10:00am - 2:00pm

Concord

(Tour of the State House and presentation at New Futures)

Please visit <https://www.nhceh.org/advocacy/granite-leaders/> to access the application. You may fill it out electronically and email to Nicole Johnson at njohnson@nhceh.org or you may print the application and send to NHCEH at 66 Hanover Street, #200, Manchester, NH 03101

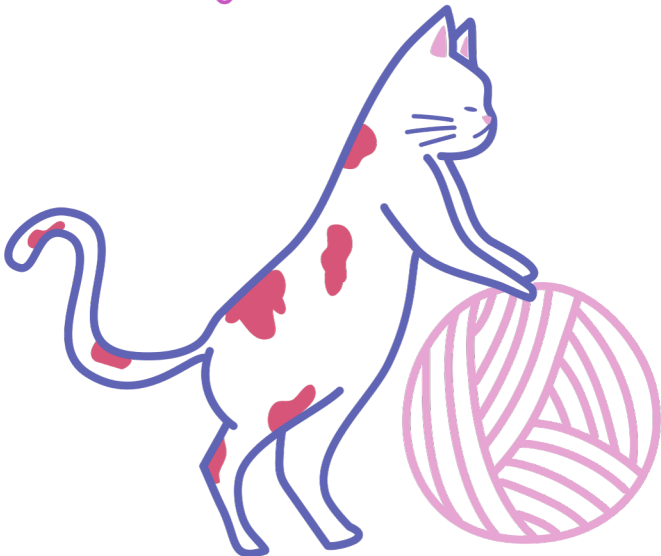
For more information, contact Amy Vazifdar in room 202 right next to the fitness center or at avazifdar@ccsnh.edu

Crochet Your Stress Away

Learn the basics of crochet. Try a granny square!

Yarn and hooks will be supplied.
(Bring your own supplies if you prefer.)

Cookies and lemonade for crocheters.



De-stress before finals!

April 29, 2026

2:00-3:30pm

In the library rm. 133

Bicycle Sale

Saturday, May 2, 2026
starting at 9a.m. until sold out

[RAIN DATE - Sunday, May 3rd](#)

17 Airport Road, Nashua
off Amherst Street

- Quality used bikes
- Priced at a fraction of original cost
- Tuned and ready to ride
- Adult and children's sizes
- Mountain, road, and vintage bikes
- Cash, check, or credit card



FUNDRAISER

GateCityBikeCoop.org

603-759-9056

We repair donated used bikes and give them to greater Nashua area low-income residents, for free.

Upcoming Campus Visits:

IN THE NCC CAFE:

US Army: 11:45am-1:45pm on April 22nd, & April 28th

Fitchburg State University: 9:30am-2pm on April 21st,

8:30am-1:30pm on May 1st

Rivier University: 11am-1pm on April 20th

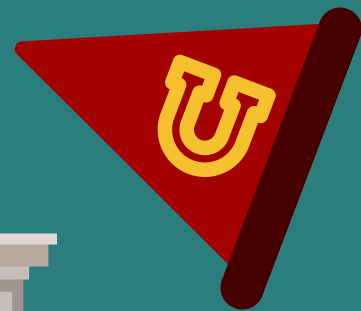
UNH Manchester: 11am-1pm on April 23rd

Mass. College of Pharmacy & Health Sciences: 11am-1pm on April 28th

SNHU: 11am-1pm on April 30th

IN THE NCC LIBRARY Room 133:

UNH Manchester: 9am-2:30pm on April 15th



NCC'S STUDENT ASSISTANCE PROGRAM



**Try it Out.
Talk it Out.**

**Nashua Community
College students get 3
FREE 50-minute
teletherapy sessions**

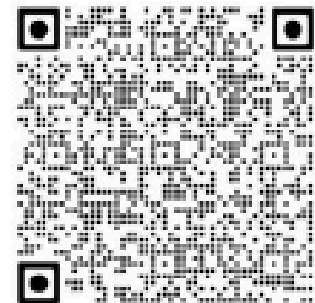


**MENTAL HEALTH
IS HEALTH**

**Something on your mind?
Teletherapy can help.**

Why do students (like you) go to therapy?

- ✓ Feeling consistently low or sad
- ✓ Persistent anxiety
- ✓ Handling a breakup
- ✓ Loss of a loved one
- ✓ Past or current experiences of trauma or abuse
- ✓ Academic pressures and performance
- ✓ Housing or roommate tension
- ✓ Challenges with family members or at home
- ✓ Balancing childcare / care for family members
- ✓ Experiencing discrimination related to your race, weight, religion, immigration status, gender, sexual orientation, or disability (not comprehensive)



Scan me to register

Learn more and register at www.bettermynd.com

2026 COMMUNITY BABY SHOWER

Guest Invitation

There's a lot to learn as a new parent and our community wants to help you get off to a great start. New and expectant parents can enjoy activities on parenting, child development, safety, health, and family life. You will learn about community resources, meet other new parents and care givers and receive lots of baby gifts. This event is free for families in need.



April 22, 2026

Between 10 AM - 5 PM

United Way 20 Broad Street, Nashua
You Must Register by April 17 to Participate

Spaces Limited

For families in need living in Nashua, Amherst, Brookline, Hollis, Hudson, Litchfield, Lyndeborough, Mason, Merrimack, Milford, Mont Vernon, Pelham and Wilton.

For More Information Contact: (603)882-4011
info@unitedwaynashua.org

FIESTA COMUNITARIA PARA BEBÉS 2026

Invitación

Hay mucho que aprender como padres primerizos, y nuestra comunidad quiere ayudarlo a empezar bien. El 22 de abril, padres, tutores nuevos o en espera podrán participar en actividades sobre crianza, desarrollo infantil, seguridad, salud y vida familiar. Conocerá recursos de la comunidad, y otros padres y cuidadores, y recibirá regalos para su bebé. Este evento es gratuito para familias que lo necesiten. Por favor elija solo 1 horario por familia. Si no puede asistir en persona, regístrese y agregue a una persona de apoyo o pida que le asignemos un ayudante que participe en su nombre.



22 de Abril, 2026
10 AM - 5 PM

United Way 20 Broad Street, Nashua
Debe registrarse antes del 17 de abril para participar.

Para vecinos que viven en Nashua, Amherst, Brookline, Hollis, Hudson, Litchfield, Lyndeborough, Mason, Merrimack, Milford, Mont Vernon, Pelham and Wilton.

Para más información: (603)882-4011
info@unitedwaynashua.org

Welcome baby!



Registration Instructions

- Fill in all spaces.
 - Choose 1 time slot per family.
 - Write the name of the parent, guardian, or caregiver who will attend.
 - Can't come in person? Register and add a helper, or ask us for help.
 - Click the orange registration button to register.
 - You will get a confirmation email.
- Need language help? Interpreters are available.



Register

<https://lp.constantcontactpages.com/ev/reg/32wa4r4>

¡Bienvenido/a Bebé!



Instrucciones

- Llene todos los espacios.
- Elija 1 horario por familia.
- Escriba el nombre del padre, madre o tutor que asistirá.
- ¿No puede venir? Regístrese y agregue una persona de apoyo, o pida ayuda.
- Haga clic en el botón naranja de registro para registrarse.
- Recibirá un correo de confirmación.
- ¿Necesita ayuda con el idioma? Tenemos intérpretes.



Enlace de Registro

<https://lp.constantcontactpages.com/ev/reg/32wa4r4>

Confident Online

Digital Skills for Everyday Living



UNITED WAY

Greater Nashua

unitedwaynashua.org

About this Series of Workshops

sponsored by:  COMCAST |  PROJECT UP

Confident Online is a series of free digital literacy workshops designed for older adults and others who want to use technology more safely and confidently in everyday life.

February 24 – Avoiding Scams

Learn how to recognize common online and phone scams, protect your personal information, and how to get help if you think you've been targeted.

March 24 – Online Entertainment Platforms: Do's, Don'ts, and How to Reduce Your Cost

Explore popular streaming and entertainment platforms, learn smart usage tips, and discover ways to avoid hidden fees and lower monthly costs.

April 28 – Digital Money Management

Get an introduction to safely managing money online, including banking, bill pay, budgeting tools, and protecting your financial information.

May 26 – Setting Up Accounts: Email, Social Media, Apps, and More

Learn how to create and manage online accounts, choose strong passwords, and adjust basic privacy and security settings.

June 23 – Organizing Emails, Files, Photos, and Documents

Learn simple strategies to organize your inbox and digital files so you can find what you need quickly and reduce digital clutter.



When:

2pm to 3:30pm on the Fourth Tuesday of Each Month

Where:

YMCA of Greater Nashua
24 Stadium Drive
Nashua, NH

Questions?

Contact us at
info@unitedwaynashua.org
or (603) 882-4011

<https://unitedwaynashua.org/digital-literacy/>



Confianza en línea

Habilidades digitales para la vida cotidiana



Acerca de esta serie de talleres

Confident Online es una serie de talleres gratuitos de alfabetización digital diseñados para adultos mayores y otras personas que desean utilizar la tecnología de forma más segura y confiada en la vida cotidiana.

24 de febrero – Cómo evitar las estafas

Aprenda a reconocer estafas telefónicas y en línea comunes, a proteger su información personal y a obtener ayuda si cree que ha sido víctima de una estafa.

24 de marzo – Plataformas de entretenimiento en línea: qué hacer, qué no hacer y cómo reducir sus costos

Explore plataformas populares de transmisión y entretenimiento, aprenda consejos de uso inteligente y descubra formas de evitar cargos ocultos y reducir los costos mensuales.

28 de abril – Gestión del dinero digital

Obtenga una introducción sobre cómo administrar dinero de manera segura en línea, lo que incluye operaciones bancarias, pago de facturas, herramientas de presupuesto y protección de su información financiera.

26 de mayo – Configuración de cuentas: correo electrónico, redes sociales, aplicaciones y más

Aprenda a crear y administrar cuentas en línea, elegir contraseñas seguras y ajustar configuraciones básicas de privacidad y seguridad.

23 de junio – Organización de correos electrónicos, archivos, fotos y documentos

Aprenda estrategias sencillas para organizar su bandeja de entrada y sus archivos digitales para que pueda encontrar lo que necesita rápidamente y reducir el desorden digital.



Cuando:

De 2:00 p. m. a 3:30 p. m. el cuarto martes de cada mes

Dónde:

YMCA del Gran Nashua
24 Stadium Drive,
Nashua, NH

¿Preguntas?

Contáctenos en
info@unitedwaynashua.org
o (603) 882-4011



NEW! Knitting/Crocheting/Needlework group



[Rainbow Yarn](#) by Lusi Lindwurm, CC BY-SA 4.0 <<https://creativecommons.org/licenses/by-sa/4.0/>>, via Wikim

We're starting a group for people who like to make things with yarn and thread. Is this you? Do you wish you could share what you know and learn from others in a no pressure setting? Come try this new group!

To meet every Wednesday at 3 PM in the library conference room.



A+
LAWN CARE

a company founded by teachers

**LOOKING FOR A
JOB?**

Flexible Hours

Great Pay

Call 603-672-0619

or

Mike@apluslawncarenh.com

Star Island
Isles of Shoals, NH



JOIN OUR TEAM!

Live on an island for the summer!

*Working on Star Island will be an unforgettable summer job. Gain valuable experience, new skills, make friends, and create lasting memories. **It's a summer you'll remember forever!***



**LEARN MORE AND
APPLY HERE:**



ST. JOSEPH MOBILE HEALTH CLINIC

Serving the Community | No Appointment Needed | Everyone is Cared For Here

| Day | Time | Location | Address |
|---|--------------------|---------------------------------------|-----------------------------|
| Monday | 9:30 am - 12:30 pm | H.E.A.R.T.S. | 5 Pine St Ext #1g in Nashua |
| <i>First & Third Monday of the month 4 pm-6 pm at the Grey Nuns Thrift Shop on Main St.</i> | | | |
| Tuesday | 6:00 pm - 8:00 pm | Elm St. Middle School warming station | 117 Elm St. in Nashua |
| Wednesday | 7:15 am - 10:00 am | The Day Café | 220 Main St. in Nashua |
| Wednesday | 10:45 am - 1:00 pm | Nashua Adult Learning Center | 4 Lake St. in Nashua |
| Thursday | 11:30 am - 2:30 pm | Tolles St. Mission | 52 Whitney St. in Nashua |

- Wellness check-ups
- Wound care
- Sick visits
- HIV/Hepatitis testing & vaccination
- Pregnancy testing
- Flu/Covid/Strep/Blood Sugar Testing
- STI testing/HPV vaccination
- Blood pressure screenings
- and more!



Scan here to see our other locations.

Head Start at Nashua Community College

Wish List

As a brand-new classroom, we are looking to build up our supply of new or **gently used** toys and materials. See below for a list of ideas!

If you have anything to share, or any questions, email Meagan, our Family Worker, at mgalvin@caphr.org

Toys and Games

- Stuffed animals
- Doctor kits
- Dress up clothes
- Baby doll clothes (or very small baby clothing)
- Kids sports equipment
- Gardening toys
- **ANY** pretend play items
- Tea set (nothing breakable please!)
- Cash register and play money
- Pony beads or other large beads
- Bugs
- Colorful dry erase markers

Supplies

- Extra clothing, especially sizes 4t through 6
- Paper towels
- Cloth towels
- Small vacuum cleaner
- Hand sanitizer
- Tissues
- Pull-ups, especially boys 5T-6T
- Printer paper
- Cardstock
- Baskets or containers
- Ziplock bags
- Contact paper
- Puzzle holder (for wooden style puzzles)
- Sticky velcro dots
- AA and AAA batteries

We are unable to accept food donations for the classroom.
If you have any ideas not on this list, let us know