

Nashua Community College Student Newsletter

May 4-8

NCC Student Activity Calendar: Spring 2026 Week 16

Monday May 4	Tuesday May 5	Wednesday May 6	Thursday May 7	Friday May 8
<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>Campus Christian Fellowship  12-1pm; Cafe Fireplace</p> <p>PTK (Phi Theta Kappa)  12-1pm; G186</p> <p>Study Skills Boost Sessions w/ Rachel Olson  1:30-2:30pm; Library</p> <p>Yoga with Maria  4-5pm; Auditorium</p> <p>Windows Poetry Club  4-5pm; Library Conf. Rm</p>	<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>Destress with Guided Meditation  12-12:30pm; Auditorium</p> <p>Intramural Sports Club  Gymnasium; 5-7pm</p>	<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>Study Skills Boost Sessions w/ Rachel Olson  1:30-2:30pm; Library</p>	<p>FREE Coffee, tea, and snacks to fuel you for Finals! Stations will be out in the morning and afternoon (8am and 4pm)</p>  <p>GSA  12-1pm; G180</p> <p>Nerd Club  12-1pm; Streeter 261</p> <p>Yoga with Maria  4-5pm; Auditorium</p> <p>Intramural Sports Club  Gymnasium; 5-7pm</p>	<p>Week 16 <input checked="" type="checkbox"/></p>  <p>YOU DID IT!!! Congrats on a great year, and have a happy and healthy summer! See you in the fall!</p> <p>SUMMER 2026 Fitness Center Hours  Mon-Fri 10am-4pm</p>

Student Activities for May 4th– May 8th, 2026 - All Student activities are open to ALL NCC Students!



Get ready for graduation!



Cap & Gown pick up

STUDENTS: starting April 13-
pick up your CAP & GOWN
in the library:

M-Th: 10-noon and 3-5

Friday: 10-noon and 2-4



**JUST ADDED:
FULL DAY CAP & GOWN
PICK UP**



Wednesday, May 6th

in the library 8:30-5:30

**Congratulations
Graduates!**

Finals Week

Tutoring Schedule

**MONDAY
MAY 4TH**

**MATH
WITH RACHEL**

**9-11AM
12-1PM**

**SKILLS
BOOST**

**WITH
RACHEL**

**1:30-
2:30PM**

**TUESDAY
MAY 5TH**

WRITING

**WITH
REBECCA**

**10AM-
12PM**

**WEDNESDAY
MAY 6TH**

MATH

**WITH
GAVITT**

2PM-4PM

MATH

WITH RACHEL

**9-11AM
12-1PM**

**24/7 ONLINE TUTORING ON CANVAS
GO TO ANY COURSE > CLICK "24/7 TUTORING"**

GOOD LUCK ON FINALS!

Spring '26 Tutoring in the library

By subject:

Math:

- Monday 9-11, noon -1, 1:30-3:30
- Wed: 9-11, noon-1, 2-4
- Thurs: 9-11, noon-2

Writing:

- Mon: noon-2
- Tues: 10-2, 3-5
- Wed: noon-2
- Thurs: 10-noon, 3-5

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
MATH Rachel 9 - 11am, noon - 1	WRITING Rebecca 10am - noon	MATH Rachel 9 - 11am, noon - 1pm	MATH Bob 9 - 11am, noon - 2
WRITING Brian noon - 2pm	WRITING Brian noon - 2pm	WRITING Debra noon - 2pm	WRITING Rebecca 10am - noon
MATH Glenn 1:30 - 3:30pm	WRITING Carole 3 - 5pm	MATH Gavitt 2 - 4pm	WRITING Carole 3 - 5pm

**Math & Science SkillsBoost with Rachel:
Monday and Wednesday 1:30 - 2:30**

library.nashuacc.edu/home/tutoring



**EVERY MONDAY
AND WEDNESDAY
IN THE LIBRARY:**

Skills Boost session:
Brush up on your
time management and
learning strategies

1:30 - 2:30

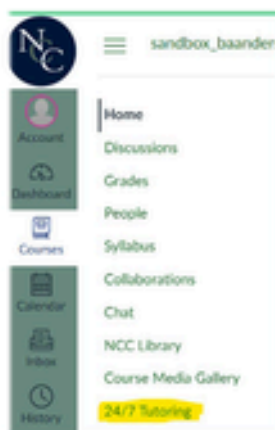
with Rachel Olson
Stop in to learn *how to study*
efficiently and effectively

TUTORING OPTIONS FOR STUDENTS:

- Online 24/7 Tutoring/Brainfuse for most subjects including a dedicated area for Nursing/Health Sciences
- In-person tutoring in the library for Math and Writing
- E-Writing Corner - submit any writing assignment online to **NCC tutors** for valuable feedback, with the aim to improve skills and grades

To access online 24/7 tutoring/Brainfuse:

1. Log into Canvas and choose the course for which you need tutoring
2. Inside the course you'll see the 24/7 Tutoring link on the left nav menu as shown
3. Click "24/7 Tutoring" to the launch page seen below (Brainfuse is the company)



For tutoring in Spanish (for many subjects), you can check the "tutoria en Espanol" box, above the Connect button in the Live Help box.

In-person tutoring for Math and Writing is also available in the library. Here's the link to the schedule : <https://library.nashuacc.edu/home/tutoring>

E-Writing Corner - here's all the details:

<https://library.nashuacc.edu/home/ewritingcorner>

Both the Writing Tutoring and the E-Writing corner are not just for English comp-it's for ANY writing assignment, whether it be a paper, a cover letter, lab report, scholarship app, or case study, to name just a few. Also helpful to help understand the assignment, organize your thoughts and get started.

AI Challenges, Mythos, & More:

In the last months, a number of challenges related to AI have surfaced. The IEEE AI Coalition website (<https://ai.ieee.org/>) incorporates some pointers to these, along with some of the tools that may help us (professionals, et al) address these, mostly focused on IEEE capabilities. Some key challenges: security (Mythos), Jobs/Education, software engineering, ethics, and the existential concern.

While we will introduce these concepts in a short presentation, the key value of this meeting will be bringing diverse perspectives to the table to identify which issues are priorities, and what paths forward we can identify for students, professionals, colleges, and IEEE.

Date and Time:

Date: 19 May 2026 ([Event Registration](#))

Time: 05:30 PM EDT to 07:30 PM EDT

There is NO admission charge (Please [register](#) so they can have an accurate count)

Pizza & bottle water will be provided

Agenda:

5:30PM check in

5:40PM AI Challenges overview -- Jim Isaak

6:00PM Pizza and discussion (Pizza and bottled water will be provided)

7:00PM adjourn

Speaker:

Jim Isaak of IEEE AI Coalition

TRIBETA BIOLOGICAL HONOR SOCIETY WELCOMES NEW MEMBERS AT MARCH 28 INDUCTION CEREMONY

MANCHESTER, NH – MARCH 28, 2026 – THE THETA EPSILON THETA CHAPTER OF THE TRIBETA BIOLOGICAL HONOR SOCIETY HOSTED A CELEBRATORY INDUCTION CEREMONY ON MARCH 28, RECOGNIZING OUTSTANDING STUDENTS FROM ACROSS THE COMMUNITY COLLEGE SYSTEM OF NEW HAMPSHIRE (CCSNH) AND THE UNIVERSITY OF NEW HAMPSHIRE AT MANCHESTER (UNH-MANCHESTER).

THE 19 ELIGIBLE INDUCTEES WERE INVITED TO JOIN THE SOCIETY ACROSS THREE CCSNH CAMPUSES. OF THOSE CANDIDATES, SIX STUDENTS FORMALLY ACCEPTED MEMBERSHIP INTO THE PRESTIGIOUS INTERNATIONAL HONOR SOCIETY, WHICH PROMOTES EXCELLENCE IN THE BIOLOGICAL SCIENCES. IN TOTAL, 15 STUDENTS WERE OFFICIALLY INDUCTED INTO TRIBETA THAT EVENING, JOINING A GLOBAL NETWORK THAT OFFERS LIFELONG OPPORTUNITIES FOR ACADEMIC ENRICHMENT, INCLUDING SCHOLARSHIPS, INTERNSHIPS, FELLOWSHIPS, AND PROFESSIONAL CONNECTIONS. AMONG THE NEW MEMBERS WERE TWO STUDENTS FROM NASHUA COMMUNITY COLLEGE (NCC), AMBER BELANGER AND DEVIN ANDERSON, ALONG WITH FOUR STUDENTS FROM MANCHESTER COMMUNITY COLLEGE (MCC): BIANCA DICICCO, JULIE TETU, MCKENNA JESIONOWSKI, AND RICHARD MAYNARD. THESE STUDENTS WERE RECOGNIZED FOR THEIR ACADEMIC ACHIEVEMENT AND COMMITMENT TO THE STUDY OF BIOLOGY.

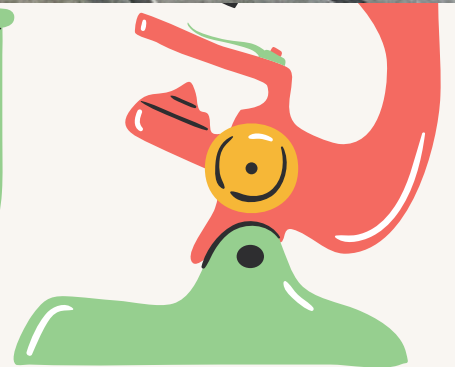
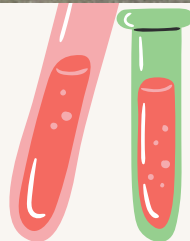
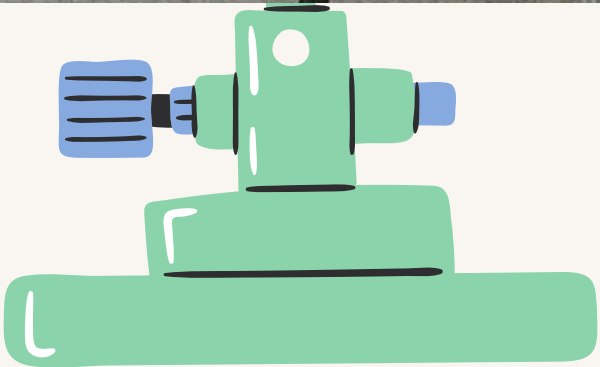
THE CEREMONY WAS ATTENDED BY FACULTY CHAPTER COLLEGE CHAIRS SHANNON DAOUST (NCC), SADIE STIMMELL (MCC), AND CCSNH FACULTY ADVISOR, DEBRA COSTA-NINO (NCC, NOT IN ATTENDANCE), WHO COMMENDED THE INDUCTEES FOR THEIR DEDICATION AND ENCOURAGED THEM TO TAKE FULL ADVANTAGE OF THE OPPORTUNITIES TRIBETA PROVIDES.

IN A MOMENT SHARED WITH FAMILY AND FRIENDS, EACH INDUCTEE RECEIVED HONOR CORDS AND SASHES SYMBOLIZING THEIR MEMBERSHIP AND ACCOMPLISHMENTS. THE EVENING HIGHLIGHTED NOT ONLY INDIVIDUAL ACHIEVEMENT BUT ALSO THE COLLABORATIVE SPIRIT BETWEEN INSTITUTIONS WITHIN CCSNH AND UNH-MANCHESTER. TRIBETA, FORMALLY KNOWN AS BETA BETA BETA BIOLOGICAL HONOR SOCIETY, IS AN INTERNATIONALLY RECOGNIZED ORGANIZATION DEDICATED TO IMPROVING THE UNDERSTANDING AND APPRECIATION OF BIOLOGICAL STUDY AND EXTENDING BOUNDARIES OF HUMAN KNOWLEDGE THROUGH SCIENTIFIC RESEARCH. THE THETA EPSILON THETA CHAPTER CONTINUES TO SERVE AS A BRIDGE CONNECTING STUDENTS ACROSS INSTITUTIONS, FOSTERING ACADEMIC EXCELLENCE AND PROFESSIONAL GROWTH IN THE BIOLOGICAL SCIENCES.

TRIBETA BIOLOGICAL HONOR SOCIETY WELCOMES NEW MEMBERS AT MARCH 28 INDUCTION CEREMONY

INTRODUCING BBB BIOLOGICAL HS NEWEST MEMBERS

FRONT ROW ON RIGHT SIDE: NCC STUDENTS, 2ND FROM RIGHT DEVIN ANDERSON AND 3RD FROM
RIGHT IS AMBER BELANGER



"I share my story so other don't
have a story to share."
-GL Alumni

Granite Leaders



"Our voices can empower those
without a voice and give them
hope." -GL Alumni

**Applications
Due
May 4th!**

The Granite Leaders Program is designed for individuals who have lived experience of homelessness. During the five day training, you will:

- Build leadership skills
- Learn the legislative process and how to influence policy through advocacy
- Learn how to take on influential roles and use your voice on a board, council or coalition
- Build your network
- Refine written and oral communication skills
- Meet and learn from widely recognized leaders on the local and state level
- All participants are compensated \$300 at the completion of the training

May 18th, 20th, 26th, 27th

9:00am-12:30pm

Manchester Community Resource Center

May 19th

10:00am - 2:00pm

Concord

(Tour of the State House and presentation at New Futures)

Please visit <https://www.nhceh.org/advocacy/granite-leaders/> to access the application. You may fill it out electronically and email to Nicole Johnson at njohnson@nhceh.org or you may print the application and send to NHCEH at 66 Hanover Street, #200, Manchester, NH 03101

For more information, contact Amy Vazifdar in room 202 right next to the fitness center or at avazifdar@ccsnh.edu



Join the Movement to End Parkinson's!

SEEKING MOVING DAY VOLUNTEERS



Interested? Email Kevin - kthornton@Parkinson.org.

Manchester, NH
Saturday,
May 16th

Livingston Park
156 Hooksett
Road,
Manchester, NH



Volunteer for Moving Day New Hampshire!



NCC'S STUDENT ASSISTANCE PROGRAM



**Try it Out.
Talk it Out.**

**Nashua Community
College students get 3
FREE 50-minute
teletherapy sessions**

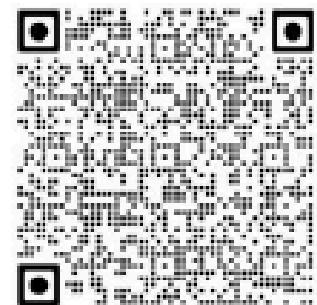


**MENTAL HEALTH
IS HEALTH**

**Something on your mind?
Teletherapy can help.**

Why do students (like you) go to therapy?

- ✓ Feeling consistently low or sad
- ✓ Persistent anxiety
- ✓ Handling a breakup
- ✓ Loss of a loved one
- ✓ Past or current experiences of trauma or abuse
- ✓ Academic pressures and performance
- ✓ Housing or roommate tension
- ✓ Challenges with family members or at home
- ✓ Balancing childcare / care for family members
- ✓ Experiencing discrimination related to your race, weight, religion, immigration status, gender, sexual orientation, or disability (not comprehensive)



Scan me to register

Learn more and register at www.bettermynd.com

Do you receive Supplemental Nutrition Assistance Program benefits?



Your child may be eligible for free **Head Start** or **Early Head Start** services!



Office of Head Start

Head Start and Early Head Start programs deliver free, comprehensive services to children ages birth to 5 and their families

in core areas of early learning, health, nutrition, and family well-being. For more information on Head Start programs, please visit <https://eclkc.ohs.acf.hhs.gov/programs/article/head-start-programs>

Find your local program and apply for Head Start services today:



It's easy to prove eligibility with any of the following:



A copy of notice of SNAP approval



Other documentation of eligibility or benefits from the SNAP agency, such as a screenshot from a SNAP mobile app



Your household's SNAP card (Electronic Benefit Transfer [EBT] card)

The SNAP logo is a service mark of the U. S. Department of Agriculture. USDA does not endorse any goods, services, or enterprises.

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GIVE YOUR CHILD THE BEST START

Children who receive early learning do better in school.



Serving Children Birth to 5

Quality Early Education

Nutritious meals, diapers & wipes provided

Individualized services for children with disabilities

Assistance accessing transportation resources

Contact Us Today!
(603)668-8010 x6098



SCAN ME

NOW ENROLLING!

Community Action Partnership Hillsborough and Rockingham Counties

Nashua Child Development

134 Allds St Nashua, NH
(603) 889-7812

Head Start at Central St
(603) 204-5299

88 Temple St Nashua, NH
(603) 578-1732

Head Start at Nashua Community College
(603) 578-8935

Several Programs Options Available!

Serving Children Birth-3:

Early Head Start Center Based



Serving Children 3-5:

Head Start Part Day
Head Start with Wrap Around Childcare
Private Childcare



Confident Online

Digital Skills for Everyday Living



UNITED WAY

Greater Nashua

unitedwaynashua.org

About this Series of Workshops

sponsored by:  COMCAST |  PROJECT UP

Confident Online is a series of free digital literacy workshops designed for older adults and others who want to use technology more safely and confidently in everyday life.

February 24 – Avoiding Scams

Learn how to recognize common online and phone scams, protect your personal information, and how to get help if you think you've been targeted.

March 24 – Online Entertainment Platforms: Do's, Don'ts, and How to Reduce Your Cost

Explore popular streaming and entertainment platforms, learn smart usage tips, and discover ways to avoid hidden fees and lower monthly costs.

April 28 – Digital Money Management

Get an introduction to safely managing money online, including banking, bill pay, budgeting tools, and protecting your financial information.

May 26 – Setting Up Accounts: Email, Social Media, Apps, and More

Learn how to create and manage online accounts, choose strong passwords, and adjust basic privacy and security settings.

June 23 – Organizing Emails, Files, Photos, and Documents

Learn simple strategies to organize your inbox and digital files so you can find what you need quickly and reduce digital clutter.



When:

2pm to 3:30pm on the Fourth Tuesday of Each Month

Where:

YMCA of Greater Nashua
24 Stadium Drive
Nashua, NH

Questions?

Contact us at
info@unitedwaynashua.org
or (603) 882-4011

<https://unitedwaynashua.org/digital-literacy/>



Confianza en línea

Habilidades digitales para la vida cotidiana



UNITED WAY

Greater Nashua

unitedwaynashua.org

Acerca de esta serie de talleres

Confident Online es una serie de talleres gratuitos de alfabetización digital diseñados para adultos mayores y otras personas que desean utilizar la tecnología de forma más segura y confiada en la vida cotidiana.

24 de febrero – Cómo evitar las estafas

Aprenda a reconocer estafas telefónicas y en línea comunes, a proteger su información personal y a obtener ayuda si cree que ha sido víctima de una estafa.

24 de marzo – Plataformas de entretenimiento en línea: qué hacer, qué no hacer y cómo reducir sus costos

Explore plataformas populares de transmisión y entretenimiento, aprenda consejos de uso inteligente y descubra formas de evitar cargos ocultos y reducir los costos mensuales.

28 de abril – Gestión del dinero digital

Obtenga una introducción sobre cómo administrar dinero de manera segura en línea, lo que incluye operaciones bancarias, pago de facturas, herramientas de presupuesto y protección de su información financiera.

26 de mayo – Configuración de cuentas: correo electrónico, redes sociales, aplicaciones y más

Aprenda a crear y administrar cuentas en línea, elegir contraseñas seguras y ajustar configuraciones básicas de privacidad y seguridad.

23 de junio – Organización de correos electrónicos, archivos, fotos y documentos

Aprenda estrategias sencillas para organizar su bandeja de entrada y sus archivos digitales para que pueda encontrar lo que necesita rápidamente y reducir el desorden digital.



Cuando:

De 2:00 p. m. a 3:30 p. m. el cuarto martes de cada mes

Dónde:

YMCA del Gran Nashua
24 Stadium Drive,
Nashua, NH

¿Preguntas?

Contáctenos en
info@unitedwaynashua.org
o (603) 882-4011





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a company founded by teachers

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JOB?**

Flexible Hours

Great Pay

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or

Mike@apluslawncarenh.com

Star Island
Isles of Shoals, NH



JOIN OUR TEAM!

Live on an island for the summer!

*Working on Star Island will be an unforgettable summer job. Gain valuable experience, new skills, make friends, and create lasting memories. **It's a summer you'll remember forever!***



**LEARN MORE AND
APPLY HERE:**



Head Start at Nashua Community College

Wish List

As a brand-new classroom, we are looking to build up our supply of new or **gently used** toys and materials. See below for a list of ideas!

If you have anything to share, or any questions, email Meagan, our Family Worker, at mgalvin@caphr.org

Toys and Games

- Stuffed animals
- Doctor kits
- Dress up clothes
- Baby doll clothes (or very small baby clothing)
- Kids sports equipment
- Gardening toys
- **ANY** pretend play items
- Tea set (nothing breakable please!)
- Cash register and play money
- Pony beads or other large beads
- Bugs
- Colorful dry erase markers

Supplies

- Extra clothing, especially sizes 4t through 6
- Paper towels
- Cloth towels
- Small vacuum cleaner
- Hand sanitizer
- Tissues
- Pull-ups, especially boys 5T-6T
- Printer paper
- Cardstock
- Baskets or containers
- Ziplock bags
- Contact paper
- Puzzle holder (for wooden style puzzles)
- Sticky velcro dots
- AA and AAA batteries

We are unable to accept food donations for the classroom.
If you have any ideas not on this list, let us know

ST. JOSEPH MOBILE HEALTH CLINIC

Serving the Community | No Appointment Needed | Everyone is Cared For Here

Day	Time	Location	Address
Monday	9:30 am - 12:30 pm	H.E.A.R.T.S.	5 Pine St Ext #1g in Nashua
<i>First & Third Monday of the month 4 pm-6 pm at the Grey Nuns Thrift Shop on Main St.</i>			
Tuesday	6:00 pm - 8:00 pm	Elm St. Middle School warming station	117 Elm St. in Nashua
Wednesday	7:15 am - 10:00 am	The Day Café	220 Main St. in Nashua
Wednesday	10:45 am - 1:00 pm	Nashua Adult Learning Center	4 Lake St. in Nashua
Thursday	11:30 am - 2:30 pm	Tolles St. Mission	52 Whitney St. in Nashua

- Wellness check-ups
- Wound care
- Sick visits
- HIV/Hepatitis testing & vaccination
- Pregnancy testing
- Flu/Covid/Strep/Blood Sugar Testing
- STI testing/HPV vaccination
- Blood pressure screenings
- and more!



Scan here to see our other locations.